



Visit **5 A DAY Market Garden** for the tastiest summer fruit and vegetables

OPEN DAY AT 5 A DAY

Saturday 31 July, 12 noon to 4pm

5 A DAY Market Garden at Englefield, near Theale is full of delicious summer fruit and vegetables.

Strawberries, currants, peas, beans, lettuce, courgettes, peppers and tomatoes.

There are so many we couldn't list them all.

Come and see for yourself!

- **Meet Head Gardener Pam and the band of volunteers who keep the market garden growing**
- **Pam's guided tours include her top tips on growing vegetables**
- **Buy plants for your garden, patio or allotment**
- **Buy fruit & vegetables**



FREE parking and FREE entry to 5 A DAY Market Garden

Open Day at 5 A DAY Market Garden, Englefield



Lots of fun for everyone in this wildlife-friendly market garden

- Ladybird and bug hunt
- Pond-dipping
- Make a bug den
- Sow tasty salads in paper pots to take home
- Watch bees in a hive

Sign up for a fun Summer Session in
5 A DAY Market Garden
in August to grow your own
fruit and vegetables

Contact: 5adaymg@googlemail.com

**Also here: Englefield Stores & Tea Rooms open to 4pm.
Englefield Garden Centre run by the Affinity Trust open to 5pm.**

5 A DAY Market Garden is a not for profit community enterprise.

Open Day by kind permission of the Englefield Estate.

Please park carefully to allow access to Englefield Garden Centre
and residents' homes.

Directions to 5 A DAY Market Garden, The Street, Englefield, Theale, RG7 5EL

From M4 junction 12

Take the A4 towards Newbury. At the second roundabout turn right onto A340. Go past the entrance to Englefield House. Turn left into Englefield hamlet. Look out for the roadside signs with 5 A DAY logo.

From Newbury

Take the A4 through Woolhampton. Approaching Theale, turn left onto the A340. Go past the entrance to Englefield House. Turn left into Englefield hamlet. Look out for the roadside signs with 5 A DAY logo.

From Pangbourne

Take the A340 south from the village centre. Go over the motorway. Take the second turning right. Look out for the roadside signs with 5 A DAY logo.